



The Advocate

FALL 2016

Official Newsletter of the St. Petersburg High School International Baccalaureate Program

Three Named National Merit Semifinalists

The National Merit Scholarship Corporation announced the names of approximately 16,000 Semifinalists in the 62nd annual National Merit Scholarship Program. We are proud to announce that three St. Petersburg High School students were named as National Merit Semifinalists, all of which are enrolled in the International Baccalaureate Program. Congratulations to **Naomi Miller**, **Bryan Peebles** and **Jay Shah**. They will be eligible to compete for more than 8,000 scholarships valued at \$35 million that will be offered next spring. There were 12 total semifinalists in the city of St. Petersburg, and SPHS had the highest

number of winners in a public school.

About 1.5 million juniors in more than 22,000 high schools entered the 2016 National Merit Scholarship Program by taking the 2015 Preliminary SAT/National Merit Scholarship Qualifying Test, which served as an initial screen of program entrants. The nationwide pool of Semifinalists, representing less than one percent of U.S. high school seniors, includes the highest-scoring entrants in each state.

About 15,000 students nationwide are expected to advance to the Finalist level in February. There will be 7,500 finalists

selected sometime between March and June, and they will receive scholarship money. We wish Naomi, Brian and Jay continued success in their academic pursuits.

Additionally, another three IB Seniors were named as **Commended Students** for their academic promise. Although they will not continue in the 2016 competition for National Merit Scholarships, Commended Students placed among the top five percent of more than 1.5 million students who took the 2015 PSAT. They are: **Caitlin Becker**, **Conlan Hale**, and **Romina Lilollari**.



ManageBac Update

Managebac is the platform by which we all interface with the IB program. Its new user interface (UI) is more user-friendly while maintaining the same functionality for parents.

If you would like more support:

Video: A step-by-step walkthrough of the new parent UI is available at <http://tinyurl.com/j54cdfn>

Tutorials: Updated parent tutorials reflecting the new UI are available at <http://tinyurl.com/j54tutor>

Laura Domanski Receives Yale Educator Award

Laura Domanski, SPHS IB Chemistry teacher, was named the recipient of the 2016 Yale Educator Award.

Sponsored by the Yale Office of Undergraduate Admissions, the award recognizes teachers and counselors from around the world who inspire and support their students to perform at high levels and to achieve excellence. **Tarek Ziad** ('16), IB graduate and member of the Yale Class of 2020, nominated Domanski, who received a letter and engraved desk set from Yale.

Admission office officials at Yale said that they credit the excellent quality of this year's freshman class to teachers and counselors like Domanski who have been shaping students long before they arrive at Yale.



From the Desk of Susan Farias



The 2016-2017 school year is in full swing. Already we have experienced Back-to-School night, hurricane days, the IB Pinning Ceremony and Homecoming week! As we head to the end of the first quarter, I'm hoping all our students finish this first marking period strong.

Many thanks to the IB Boosters for funding ManageBac for all grades. This is something we have wanted for several years. It provides students and parents a dedicated place to go for a common calendar and assignments. If you still need a parent account, simply send me an email (Fariass@pcsb.org) and I will add your email address to

ManageBac. You will then receive a response from MB with log-in information. (Please refer to the "ManageBac Update" article for more information.) This is an example of your IB membership dues put to good use, thank you all!

If you attended the Parent Open House in August you may have noticed the bright blue posters in the IB classrooms about the "Power of Yet." It's our theme for the year and we would love to get all our parents involved. The Power of Yet is based on research by Carol Dweck, the author of Mindset: The New Psychology of Success. Freshman parents watched a video and TedX Talk, and all IB students viewed the video at school. This short TED talk is a good place to start to familiarize yourself with the growth mindset and how you can support learning for your child. Please refer to the article titled "IB in FOCUS" in this issue for the way to access these videos.

Thank you for your continued support for the IB Program at St. Pete High. These IB students give me hope for the future, and I'm privileged and thankful to work with such great students, parents, and teachers.

I also want to congratulate the class of 2016 for their excellent IB results. This is a culmination of two years of hard work and dedication from students and staff, and of course, the support of IB parents!

- Our average diploma score was 31 points for the class of 2016.
- The world average is 30.07.
- 95% of the class of 2016 received the IB Diploma.



I can't do this...*yet.*
 This doesn't work...*yet.*
 I don't know...*yet.*
 It doesn't make sense...*yet.*
 I don't get it...*yet.*
 I'm not good at this...*yet.*

We wish all our graduates well as they take their place at top universities, including; Duke University, Yale University, Columbia University, Northwestern University, Georgia Institute of Technology, University of Chicago, University of Pennsylvania, Barnard College, UC-Berkeley, Vassar College and all of the Florida Universities.

We are very proud of our IB results and our continued tradition of excellence in the IB Program at St. Pete High.

From the Desk of La'Tina Johnson



Students please check your ManageBac account for updates from IB Guidance. At the current time, I have posted the college visits list. I encourage all students to attend a college visit held here on campus during lunch and/or after school.

Congratulations to our National Merit Semifinalists: **Naomi Miller, Bryan Peebles and Jay Shah** and to our National Merit Commended Students: **Catilin Becker, Conlan Hale, and Romina Lilollari.**

In-state Deadlines for College Applications:

Florida State October 19th
University of Florida November 1st

KEYS to Success in High School:

- ** Good Organization
- ** Good Study Habits
- ** Good Note Taking
- ** Good Time Management
- ** Good Attendance



September Students of the Month

Congratulations to the two students who were nominated by teachers and selected for this school-wide award: Traditional program Sophomore Eraldo Mulla and IB Freshman **Sophia Vesely!**

Send Us Your News!

Please send news and photos that you would like to include in The IB Advocate to sphsibadvocate@gmail.com.

Please send us your news or place an ad by emailing sphsibadvocate@gmail.com. The Advocate is created by volunteers, published by the IB Boosters, and mailed three times per year (Fall, Spring, and Summer) to approximately 500 families of current IB students. We welcome hearing from you! We also want to thank **Chloe Jackson**, IB Senior and Chief Contributing Editor for CAS Projects, and the IB parents who wrote articles for this issue: Jennifer Vogtner, Andrea Kowalski, Thuy La, and Nicole Carr. --The Editors

2016-17 IB Booster Board Members:

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THE ADVOCATE NEEDS WRITERS AND NEWS LEADS!

The IB Advocate is written by volunteers who depend on staff and parents to provide news and photos. It's great that there is so much news but we always need more help to write, follow up, and proofread before we publish.

Before each edition, we request news from all SPHS staff and IB parents. So if you haven't seen an activity covered, please email news or photos to sphsibadvocate@gmail.com. You can also be a regular contributor for that or other topics.

Please join the SPHS IB Boosters!

If you haven't renewed your membership, it's not too late! Below is a list of benefits, some of which are funded through your membership contributions.

For All Students:

Assistance with Magnet Fairs, new parent information nights, IB Office work, T-shirt sales, IB flag purchases, and dinner and refreshments for visiting college speakers.

Freshman Class:

Incoming freshman Boot Camp, with daily snacks and drinks with a pizza party at the end; hospitality for Freshman Orientation; and organization and food for Freshman end-of-year celebration/awards ceremony.

Sophomore Class:

IB Shadowing assistance; pizza party for students who serve as Shadow Keepers, Assistance with National History Day.

Junior Class: Funding and organization of IB Pinning Ceremony which includes IB pin, invitations, programs, and food and drinks.

Seniors: Extended Essay "Turn In"

celebration with cake, cupcakes and drinks; dinner and ticket paid for every student for Senior Celebration, the hallmark event of their senior year held at the Coliseum; coordination of proctoring for IB exams.

For Faculty: Snacks and drinks stocked in the IB Office for teachers; relaxing themed luncheons for IB teachers throughout the year; back to school supplies and treats; Teacher Appreciation Week with continental breakfast and afternoon tea every day along with small gifts and prizes for every IB teacher; fax machine and printer purchases for the IB Office; classroom supplies, including

books, printers, and lab equipment that are usually big ticket items (these can be purchased through pooling IB Booster funds); sending teachers to required training sessions that would be a large expense for them personally.

For Parents:

Refreshments for the parent social; maintenance of the Facebook page to inform you of important upcoming dates; production and mailing of the IB newsletter *The Advocate*; Booster parents greeting other parents and handing out information at all parent meetings.

Simply put, IB Boosters make the IB Program at St. Pete High special!

Jackie Donovan
IB Booster Board President

ADVANCED PLACEMENT SCHOLARS

The following IB students, all current seniors, were recognized for outstanding achievement on their Advanced Placement exams:

AP Scholar - Granted to students who receive scores of 3 or higher on three or more AP exams: **Diana Fonte, Gina Marks, Silvia Milanovic, Therese Monte, Thomas Nelson, Jay Shah, Jack Wang, Joshua Wassermann, Weston Willingham, Benjamin Winans**

AP Scholar with Honor - Granted to students who receive an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams: **Caitlin Becker, Conlan Hale, Naomi Miller**

AP Scholar with Distinction - Granted to students who receive an average score of at least 3.5 on all AP Exams taken, and scores of 3 or higher on five or more of these exams: **Josue Gonzalez, Bryan Peebles**

Smart Board Drive

You can participate in our *first ever* technology drive so we can purchase Smart Boards for our IB teachers. So, what is a "smart board?"

This electronic device replaces the traditional chalkboard. It serves as a screen, chalkboard and projector all in one and allows teachers to save and print notes. It has the capacity to highlight and annotate projected documents and is equipped with an interactive touch screen. This tool is becoming an essential component of every classroom. All forms of media can be used on the board, and this will expand the range of content to which teachers expose our students.

By donating money directly to the IB program for this fund-raising effort, we will be able to keep our teachers current with trends in education. At our school, we currently have a few Smart Boards within the IB program and we have requests from **five** of our IB teachers who would also like them in their classrooms. We have the opportunity to purchase three boards at the reduced rate of \$1800 each and the additional boards are in the range of \$3,000. It may sound like an expensive teaching tool; however, it is very necessary to remain current. What better way to make a **tax-deductible donation** and make an invaluable contribution to our program! With a team effort, we can make this a reality.

Any size donation will help us reach our goal. **MAKE CHECKS PAYABLE TO PINELLAS COUNTY SCHOOL BOARD. THEY MUST BE SENT DIRECTLY TO THE IB OFFICE. EACH DONATION SHOULD SPECIFY THAT IT IS FOR SMART BOARDS FOR IB PROGRAM in the subject line.**

We will post a follow up article in our next Advocate to let everyone know of our progress.



Come Walk in the Parade!

Hey St. Pete High IB Students! Looking for a great way to get into some holiday spirit, have fun with your friends, AND support your school all at the same time?

This is the 90th annual Santa Parade, so it has been a St. Petersburg tradition since 1927!! This year promises to be spectacular!! Look forward to bands, music, entertainers, and more!

The Santa Parade is a great team-building and community service opportunity for all SPHS students, but we're really pushing for a large IB presence.

The Santa Parade is also a great pay-it-forward opportunity by handing out candy and beads to excited children along the parade route.

Grab all your Besties and walk in the St. Petersburg Santa Parade!

The parade starts at 10am on Saturday, December 3 (exact launch location will be communicated closer to the parade day).

Thanks to You...

... we were able to deliver Manage Bac to 9th and 10th graders this year.

... we were able to purchase IB planners for all incoming freshmen.

... **Mila Turtle**, we have IB logo stickers on the front of the planners that you graciously printed from your business **Turtle Moon Graphics**.
p.s. to students: we have extra planners in the IB office for \$10.00!

... we have had successful T-shirt sales this fall.... And we have some **long sleeve and short sleeve** T-shirts left at \$15.00 (the awesome shirts with the black graphic SPHS silhouette)



School Calendar Through February 2017

October 25th
Report Cards Distributed

November 9-11th
Fall Play – 7pm

November 11th
Mid-term reports sent if needed

November 14th
SAC meeting 7pm - Media Center

November 21-25th
**Thanksgiving Holidays -
school closed for staff & students**

December 12th
SAC meeting 7pm – Media Center

December 16th
End of first semester

December 19th-30th
**Winter Holidays -
schools closed for staff & students**

January 2nd
**No school for students –Professional
Development Day for teachers**

January 3rd
Second semester begins

January 6th
Final grades due in FOCUS

January 6th
GOLDFEVER! 7pm Auditorium

January 13th
Report Cards Distributed

January 16th
**Martin Luther King, Jr. Day Holiday-
School closed for staff & students**

February 13th
SAC meeting 7pm-Media Center

February 20th
**No school for students –Professional
Development Day for teachers**

Please note SPHS graduation
date is set for May 19th. **IB
Graduation Celebration is scheduled
for May 22nd.**

FALL 2016

SPHS Senior Dues Reminder

SPHS Senior dues are separate from IB Senior dues (IB dues are paid in March 2017). The SPHS Senior dues cover all mandatory costs and include the following items which graduates keep: Cap, gown, one tassel, medallion to be worn at graduation, diploma cover, Senior Dinner, Commemorative Sunday, and the Graduation Ceremony. Grad Bash (to be announced separately) is NOT included in these dues.

If you pay the SPHS Senior dues by December 16, the cost is \$110.00. Starting second semester, the cost is \$120.00. Please bring cash, money order or a check made out to St. Pete High. For questions, please see Mrs. Anderson in room 119 or email andersonand@pcsb.org.

IB in FOCUS: The Growth Mindset

As this school year began, both IB teachers and Freshman students were introduced to the concept of “Mindset” as this will be the continued “theme” for our school year ahead. This concept is based on the work of Carol Dweck and her book: “Mindset: the New Psychology of Success.”

Below is the link to the video that was shown during Freshman orientation:

<http://ed.ted.com/on/aVMPCOpr> or go to <https://www.mindsetworks.com/>, click on the “Schools” drop down menu and select “Spreading the Word.” Select the first video by Eduardo Briceno to view the video.

Keeping Up with IB: Parent Communications Resources

By Amy Weintraub, Booster Membership Chair

In between editions of The Advocate, stay informed of SPHS IB happenings by joining the SPHS IB Parent Google Group and the SPHS IB Facebook page.

New this year, the Google Group is an email listserv that allows Booster leaders or any members to post information that lands directly in parents’ email inboxes. It also offers a quick way to get feedback from other parents. Email messages sent to the group are not moderated individually; members are asked to use the “Reply All” button thoughtfully, realizing a “Reply All” response will go to more than 300 people.

Join by visiting the Group on the web and click on “Subscribe to this group”: <https://groups.google.com/forum/#!forum/sphsib>. Or, simply email IB Booster Membership Chair, Amy Weintraub, and she will add you to the group <amyw304@gmail.com>.

For those on Facebook, the Boosters’ Facebook group page offers another forum for sharing info and updates and posing questions.

Join at www.facebook.com/groups/SPHSIBBoosters/



WELCOME, NEW IB FACULTY

A native of Wisconsin, **Ms. Marsha Carlson** brings 36 years of experience as a math teacher to her new role at SPHS IB. She is teaching all Honors Algebra II classes this year, and is excited to work with the International Baccalaureate program for the first time.



After graduating from the University of Northern Iowa, Ms. Carlson taught for 20 years in Wisconsin. Feeling like she needed a change, she moved down to sunny Florida and continued her work as a math instructor in varied schools and settings around the Tampa Bay area. “At first, I tried a job at a middle school for a change, thinking maybe I can help them get better prepared for high school, but found that middle school is just not my thing.” So Ms. Carlson returned to her first love, teaching math to high school students, first at Jefferson High School’s magnet program for International Studies in Tampa, and then at Seminole High School in Pinellas County. Last year she was invited to interview at SPHS for an opening in Honors Algebra.

In teaching all of the freshmen this year, she finds that she most enjoys helping them make the transition to high school methods of study. “I’m trying to take them from where they were [at the start] and move them up to the rigor of where they should be.”

Ms. Carlson is also pleased with the temperament of the students. “The kids are so nice, they thank me every day. They are excited about learning, and they work so hard. When there’s a little problem, they’re eager to come in and get help. I want to establish their study skills and teach them how to think. They don’t have to be told how to do every problem, but they have to be able to use their reasoning skills. That’s what is going to get them through the IB program. So that’s my challenge this year.”

“The kids energize me,” she concludes. “At least, until I get home!”



Mr. Alberto Cano, our new senior Spanish teacher, hails directly from Madrid, Spain, and his cosmopolitan upbringing has helped him bring a uniquely qualified approach to the International Baccalaureate program.

His father traveled a lot, bringing his family with him. Early on, it was decided that Mr. Cano and his siblings would go to an international

school that taught in the French language, to better equip them for a life of travel. Because of his early exposure to different countries

and cultures, he became increasingly interested in learning about languages. As Mr. Cano grew older, he picked up English, Japanese, and German as well.

“When I was 16, my father was sent to work in Washington,” says Mr. Cano, “so we all came here and switched from French school to an American high school.”

After a time in Germany, Mr. Cano returned to the U.S. to attend college at the University of North Texas, earning a Master’s in ESL. He returned to Spain and taught English for the next seven years, but America beckoned once again. So he returned to the States to teach at public and private schools in Texas, New Jersey, and now Florida.

After teaching at Pinellas Park High for six years, he is excited to finally be working in the IB program that he has heard so much about.

“IB was something I’ve always wondered about, given my life as a young kid traveling around. It fit my philosophy of life and my outlook on the world. It’s a good place to offer what I know, and also learn a lot too. It always goes both ways.”

When not in the classroom, Mr. Cano is happy to spend time with his extended family, including his siblings who have also settled in the States, plus more family back in Spain. He likes to read in a variety of languages and ride his motorcycle.

Ms. Kate Munkittrick teaches both English and Inquiry Skills to most of the freshman this year. A native of St. Petersburg, she arrived at teaching via a circuitous route as she came into her own exploring the many options that suited her wide range of talents and interests.



While attending Gibbs High School, she grew restless with the slower pace and courses that weren’t as challenging as she’d hoped. So she left high school early to attend New College in Sarasota, Florida. Ms. Munkittrick has a natural talent and affinity for music, particularly opera, so in time she transferred to Florida State, where they had a robust music program. Majoring in music, she says, “was a lot of fun, but it didn’t point towards being a career choice,” so she eventually wound up taking the LSAT and completing law school at the University of Florida.

For the next eight years, Ms. Munkittrick practiced as a civil defense attorney, specializing in insurance defense. But something was missing. “I realized I spent a lot of time arguing, or sitting alone in my car driving to trial, or sitting alone at the computer researching for my cases.” She wanted to do something cooperative with other people.

As her mother, Mrs. Gaye Burnsed, was already the anatomy teacher

WELCOME, NEW IB FACULTY CONTINUED...

here at SPHS, she decided to give teaching a go, working at first as a long term substitute for English. This year she has her own classes, and she pronounces it “a perfect fit. I’m loving it.”

Outside of school, Ms. Munkittrick still keeps up with music, singing in a local a capella group called Concordia. She also has two children, ages 5 and 2.

As for her students, “I have been so pleasantly surprised by the freshmen. They have been engaged, and they love to talk about everything. It’s been so fun.”



Mr. Drake Polino is the new Physics teacher here at SPHS, bringing lots of youthful and fun energy to his classes.

He is a graduate of the University of Florida, with a Bachelor of Science in Physics, as well as a minor in Education. He is excited for his new teaching position which allows him to pass on everything he’s learned.

“I’ve wanted to be a physics teacher for a few years now, and I’m overjoyed to be a part of IB,” he says. “I think we’re off to a great start!”

When he’s not busy with his students at SPHS, he finds time to pursue hobbies and interests befitting a science teacher, some of which will surely be relatable to the students. “I’m a huge nerd and absolutely love Star Wars,” he says. “I’m also a gamer and enjoy world war history.”

But perhaps the biggest joy in his life and the apple of his eye is his

new baby, Liliana, 9 months of age. “I have a darling daughter. She’s the whole reason I was looking for a job down here!”

Ms. Amy Swanson is a native of St. Petersburg and is also a graduate of St. Pete High IB! After earning her IB diploma, she attended the University of Miami (“Go Canes!”).



After graduating, she returned to her high school alma mater and is teaching a full complement of classes:

Freshman pre-DP US History, English II (traditional), and US History Honors (traditional).

In her time off, Ms. Swanson likes to bake and cook, go to concerts and plays, read, and spend time with her friends and family. Lately, though, her free time has been mostly spent preparing a nursery for a new addition to her family.

“My wife and I are expecting our first baby in October! It’s a girl and we don’t have a name yet. We are very excited!”

Ms. Swanson is also excited for her new students, and is enjoying her first full-time teaching role here at SPHS. “The big hope for this year would be for a smooth transition to teaching and motherhood, and that I won’t be as sleep-deprived as an IB senior the week before their IB exams,” which is something she knows a little about. However, “I think that this hope might go unheeded.”

LEAVING SCHOOL

If your child needs to leave school early, please write and sign a note stating the date and time they need to leave and have your child take the note to the IB Office at [the beginning of the school day](#). Ms. Derrickson will then issue a PTL (Pass to Leave) that your child will give to the teacher when it’s time to leave. In an emergency, please call the IB Office and speak with someone directly (please do not leave a voicemail) to request for your student to leave.

Students Earn Perfect EOC Scores

These IB students had perfect scores on the 2016 End of Course exams, listed with their grade levels last year: Freshmen **Catherine Lee** (for both Algebra 2 and Grade 10 English), **Richard Bailey** (Algebra 2), **Zachary Geiger** (U.S. History), **Rina London** (Grade 9 English), **Abigail Wilson** (Algebra 2), **Victoria Zamitalo** (U.S. History), and sophomore **Austin Gavern** (Grade 10 English). IB students were 7 of the 9 total students who earned these awards.

Mentors Needed

St. Petersburg High School needs mentors. A mentor is a caring, compassionate adult who chooses to devote their time to a young person, offering them support, guidance, and encouragement. Mentoring sessions range from 30-60 minutes and occur at the school during school hours. The days and times of mentoring sessions are arranged between the mentor and mentee depending on their individual schedules. As a result, mentoring is convenient for both students and mentors. If **you** can donate **one** hour per week, you can change a life by helping a child build a solid foundation of values, establish goals, and improve their academic and life skills while developing their self-esteem and confidence. For more information about mentoring traditional and IB students at St. Petersburg High School please contact Suzanne Pace, Family & Community Liaison 727-893-1842 ext. 2077 or pacet@pcsb.org.

CELEBRATIONS

Extended Essay Elation Celebration!

In September, the Class of 2107 celebrated the completion of the IB EE with a cake, cupcakes and refreshments, compliments of the IB Boosters.



Pinning Ceremony for Juniors

The IB Pinning Ceremony for the class of 2018 was held on Tuesday, September 13 in the Auditorium. This ceremony is the annual tradition of pinning the IB Juniors with the symbol of the IB organization. The Pinning is a formal induction into the Diploma program, as the students dedicate themselves to two rigorous years of study.

The event was attended by 107 IB Juniors and their family members. Three new IB faculty members also received their pins. SPHS IB alumnus Dr. Joshua N. Elliott ('97), a pediatric ophthalmologist in St. Petersburg, provided the keynote speech. After the ceremony, students and families enjoyed a refreshment reception with entertainment provided by seniors **Patrick Tobin** and **Nikolay Nikolaev** on guitars and saxophone.

This special event was sponsored by the IB Boosters and organized by the IB Pinning Committee under the leadership of Lisa Scribano.



Thank You MityMo Creative For Your Sponsorship

We are grateful to MityMo Creative for donating design services and printing and mailing coordination of The Advocate. Mo and Lance Eppley give back to the community in numerous ways. Jordan Chapman, design master, has been wonderfully client-focused and responsive when laying out the numerous articles and photos.

We encourage you to check with MityMo for website design, ecommerce, social media development, branding, print work, and campaign consultation. Their FreeFab 3D business designs and sells 3D printers, and their Tangible Labs provides custom 3D products, prototyping, and production. Contact them at (727) 851-6055 or info@mitymo.com and please mention the The IB Advocate.

The Extended Essay (EE) and How to Get an “A”

(Advice from Those who Did!)

Listen up Juniors! The EE is a 4000 word research paper that is an IB requirement and at SPHS, written in the second semester of junior year and into the summer. Student must score a grade of **A, B, C** or **D** on the paper. A grade of **E** will mean they cannot earn an IB Diploma. In the class of 2016 (104 students), 10 students earned an **A grade** on their EE. We asked them to share some advice for current students. Congratulations to these students!

Maja Haerle wrote her EE in Chemistry:

- Communication with your advisor is very important.
- I'm lucky that I was genuinely interested in and passionate about my topic because I had to invest a lot of time into studying the topic before I could write about it.
- Looking at sample EEs helped guide me in the early stage of research and planning.
- The EE overall was a worthwhile experience.

Tucker DeGregory – English

- Be certain that you pick a subject that you're in love with, rather than one that you think you'll score well in.
- Brainstorm interesting ideas when you're first asked to come up with topics, as advisors are quick to deny you if your proposals are weak and generic.
- Showing interest in writing your EE in a specific subject area before your official proposal sheet is due is super beneficial, the faculty advisor is then already aware that you're passionate about your topic.
- Generate a question about something that's near and dear to your heart, but not one that you can already answer. If you know the conclusion or it can be found in a number of existing publications don't write about it or your essay will be lackluster and your grader will see no progression of research or exploration.
- Writing the EE provides an opportunity to extend yourself as a student and person. It was even a subject for one of my college application essays!

Ivana Radosavljevic- Chemistry

- Pick a topic you actually find interesting.
- The background research assignment assigned in junior year was a LIFE SAVER. If you do a good job on it, you have essentially finished one fourth of your paper.
- The key to a good conclusion is being passionate enough about your topic to think critically about what you have learned and done and what it means.
- I loved the EE process, of course, I complained about it, but overall I loved it.
- I felt like a scientist, it was awesome to be creating something from start to finish on my own.

Jordan Kriseman – History

- I think the EE ended up being one of the things, if not the one thing, I was most proud of after completing IB. I felt confident in my essay and when I looked online in July at my scores, seeing the A was thrilling!
- I gained a lot through writing this and it gives me great confidence in myself going into college as an art history major, that I have great writing and researching skills.
- I think being so genuinely interested in the topic helps, instead of writing 4000 meaningless words, you write 4000 words on a topic that you enjoy learning about and that betters you as a person.

Sam Joyce – History

- I enjoyed the research process, I think it comes down to selecting a topic you enjoy.
- After that it came down to spending a lot of time at the USF library figuring out what to say.

Sead Alisic – History

- If you don't practice communication with your advisor you're really only debilitating yourself.
- Citations! Don't compile your resources and write and then go back and cite. Really, it's a bad idea. If you do them as you go through it becomes extremely easy.
- No harm was done in spending more time to cite a resource, it could have been plagiarism if it wasn't cited correctly.
- Don't use a citation machine. If you do them by hand you will not only be better off, but it is actually faster when you memorize your style of citations. You can tell the difference between manually done and computer generated citations.
- The EE was a pretty worthwhile experience that shaped me into a better student. You learn your boundaries and learn from your mistakes.
- Writing this big paper makes all the other ones seem pretty small in comparison, which is always a win.

The Great American Teach In

Speakers are needed for the Great American Teach In on November 16th. Please contact Suzanne Pace 727-893-1842 ext. 2007 pacet@psb.org for more information.

SUMMER NEWS

Senior **W. Reid Carlisle** was selected by American Legion Post 5 to attend Florida Boys State in June where he was elected to the House of Representatives. He wrote legislation supporting greater access to healthcare for children with complex medical conditions which passed in both the House and Senate. According to Reid, “Participating in Florida Boy’s State was an amazing experience. It helped me to be more confident in expressing my views and speaking before others. I also have a deeper appreciation for the power of negotiation, collaboration, and our Democratic process.” Reid was also a Junior Counselor with the Episcopal Diocese of Southwest Florida, and continues as a Lifeguard at the Greater St. Petersburg YMCA.



Sophomore **Bailey Garrand** logged in almost 240 volunteer hours at the Bay Pines VA Hospital while attending every football practice over the summer. “I was honored to have spent my summer volunteering at the VA. I got a first-hand look at what the vets and their families sacrifice to protect us all. It was a pleasure to give back to them,” Bailey said. Bailey also was invited to play in the USA National Football Team Developments Games in Arlington, Texas.



Sophomore **Nyla Williams** traveled to Boston as a Delegate for a 3-day meeting of the Academy of Future Physicians and Medical Scientists, where she and other Delegates were honored for outstanding academic performance, leadership potential, and dedication to serving humanity through the profession of medicine.

Freshman **Wyatt Dano** played on an Elite Lacrosse Team for Casey Powell in Philadelphia, where they took 3rd place in their bracket. Wyatt also camped in Acadia National Park and climbed to the top of Cadillac Mountain, where the sun is first seen in the United States. As a freshman, Wyatt has learned what rigorous means. IB has taught him study skills and thinking outside the box.

Senior **Jay Shah** spent two months working at the Horticultural Sciences department at UF as part of the Student Science Training Program. He conducted research on plant and animal pathogens and determined how they spread and through what ideal conditions. Jay says, “It was an extremely educational and rewarding experience, especially for students interested in a career in the sciences.”

Seeking Judges for National History Day

Mr. Rader, our Pre-IB American and World History teacher, is recruiting parents to volunteer and serve as judges for the National History Day Fair on Friday, January 6th. Feel free to pass this request on to your co-workers and peers. It will only take a few moments to complete the registration if you are interested in judging. This will help Mr. Radar greatly! (Only judges need to complete the registration.) The link is <https://goo.gl/forms/5ldEcbV9EozACDgT2>.

SUMMER NEWS CONTINUED...



Freshman **Tyler Rogers** is pictured here (back row, second from right) on his trip to Yellowstone National Park this summer.



Seniors **Brenden Burrows** and **Jared Peters** spent 14 days in Merida, Mexico this summer. They lived with a local Mexican family to immerse themselves in the culture and help prepare them for their IB Spanish exam this year. They also helped with construction of a new church and participated in other fellowship activities. They are pictured here in front of Chichen-Itza, Mayan Ruins on Mexico's Yucatan Peninsula.

Brenden commented, "One of the things I realized is how happy the people were just spending time with family and each other....They spend their days working and their evenings socializing, playing soccer, hanging out and participating in worship services. It was humbling to see how little they had, but encouraging to know they were happy just the same. It was a great learning experience because we had to speak Spanish the entire time we were there."



Junior **Khoury Kennedy**, whose hobby is design, is pictured here in a "Trashion Fashion" show in which she wore apparel that she created from "trash" (e.g. plastic and paper garbage bags and dry cleaning bags). Khoury also is a Lacrosse captain, is in the National Honor and Science Honor Societies, and works at Chick Fil A.



Freshmen **Jada Amis**, **Devon Miller**, and **Taylor Morrison** attended the Eckerd Science Camp this summer.

CAS PROJECT HIGHLIGHTS

CAS stands for **creativity, action or service** and is a subsection of IB that requires upperclassmen to participate in activities involving those three components. Overall, CAS “enables students to enhance their personal and interpersonal development by learning through experience” (ibo.org). It is a great way to step outside the stress of the IB program and expand the student’s impact on the community.

If you are interested in having your CAS experience or project featured in the next edition of the IB Advocate, please contact Chief Contributing Editor for CAS projects **Chloe Jackson** at jordan.chloe.jackson@gmail.com.



Greenwood Cemetery Project

Students are continuing to beautify and restore the Greenwood Cemetery located on Dr. MLK Jr St and 11th Ave S. This is a legacy project, meaning it has been passed down from prior classes. In September, the group stopped by the cemetery to determine the level of work they need to continue with this year. Seniors **Estill Loyd** and **Christine Wilbur** are the two project leaders. Project historians are **Owen Turtle** and **Zaid Kapadia**, fundraising leaders are **Ericka Gaye** and **MaKayla Bender**, and landscaping leaders are **Jacob Myers** and **Jaron Grimes**. This year, the class of 2017 has worked heavily on recruiting members in order to ensure the legacy continues. This is a great start-off project as it includes all three strands of CAS.



Debunking Cultural Stereotypes Across the World

IB Seniors **Stephanie Panov**, **Haley Jouret**, and **Vanessa Nguyen** are working on collecting the stereotypes that people have about different people and cultures and debunking them by finding out the history behind their origins and why they generalized to a population. These individuals were inspired after viewing the Ted Talk “The Danger of a Single Story” by Chimamanda Adichie. The project leaders hope that people from different parts of the world can help contribute by explaining those stereotypes and telling us what kind of stereotypes they have of American culture. They are expanding the project to various IB schools globally and hope to compile their information into an advocacy project. They welcome anyone who may have questions/insight or want to contribute at breakingbarrierscas@gmail.com. Learn more about what they are doing at breakingbarriersglobally.tumblr.com.

Mentoring IB Freshmen

Ms. Ladd, IB math teacher, has dedicated herself to students prospering within IB. She has managed a program that pairs freshmen who are struggling with Pre-IB Algebra 2 with IB upperclassmen that will be taking their exams in either HL math or SL Calculus. Freshmen receive tools to survive this difficult first year in IB while student mentors review Algebra 2 topics that they are likely to see on the senior exam. Ms. Ladd states, “It is one thing for a teacher to tell a student how to be successful in this rigorous program, but when you have an upperclassman who has already experienced these struggles share how to be a successful IB student, it reinforces the concept tenfold.” Seniors serving as mentors are **Marc Badilla**, **Caitlin Becker**, **Marc LeVine**, **Romina Lilollari**, **Ann Martin**, **Silvija Milanovic**, **Naomi Miller**, **Jay Shah**, **Joshua Wassermann** and **Weston Willingham**. Juniors serving as mentors are **MaKayla Bender**, **Aidan Evans**, **Kalen Hatten**, **Molly Lynch**, **Julia McKay**, **Askar O’Malley**, **Chelsea Rosen**, **Eli Rust**, **Sara Stenke**, and **Rena Upadhyay**.

Third Annual IB Booster Tailgate Party

The third annual IB Booster Parent Social was a big success. Held on Friday, September 30 before the Homecoming Football game, the social was a great way to mingle with established friends and acquaintances, as well as meet new parents. About 40 parents attended. We hope to continue this tradition each year!



We would like to introduce a student member of our team at The Advocate for our 2016-2017 school year. IB senior **Chloe Jackson** is serving as Chief Contributing Editor for CAS projects. Chloe also serves as president of SPHS’s branch of the National English Honor Society and in college hopes to double major in English and Performance Theatre. Thank you and welcome aboard, Chloe!

Green Devils Cross Country Team Sweeps City Meet

The Green Devils JV and Varsity teams have had a stellar season due to a team deep with talent. On October 13th, at Crescent Lake, the Green Devils ran away with all four trophies: First place in JV girls and boys and Varsity girls and boys. This was on the heels of the PCAC meet at Sand Key Park the week before, with a second place finish for the Varsity boys' team. Watching this team together reminds everyone that these Green Devils are a spirited and tight-knit group who have fun cheering each other on and socializing together. Five days of practice per week from June through the end of the season is balanced with social time including dinner at Carrabba's, a tie-dye T-shirt/swim party at the home of Naomi Miller (Tuesday's runs are "Tie-Dye Tuesdays"), "beach volleyball Fridays" (the run stops at the volleyball nets at North Shore Park before they run back to Crescent Lake), and a girls' team brunch at the home of teammate Carson Matirne. At the time of publication, the team is looking forward to districts, regionals, and states.



We say goodbye to the following IB Seniors who will have their final runs in coming weeks: **Reid Carlisle, Weyman Cohen, Diana Fonte, Marc LeVine, Naomi Miller, Dalton Nordquist, and Weston Willingham.**

"IB" a Football Player

By Guest Contributor Bob Musselman, Father of 5 IB kids--so far

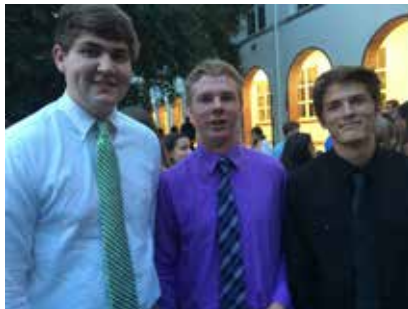
This year three Green Devils football players were among the 107 junior IB students who were pinned at a ceremony on Sept. 13. **Will Musselman, Chris Chudik and Ty Lombard** are three special young men who possess both brains and brawn.

IB students are active in all varieties of St. Petersburg High School extracurricular pursuits. And it's arguable that playing football is the most difficult activity to pursue while juggling the rigors of IB. That might explain the low numbers of IB football players.

Junior year is a watershed for both football and IB. If they make it that far, football players graduate to varsity after two years of earning dues playing on junior varsity. Football

Thursday night is replaced by prime time Friday games, and the dingy, smelly JV locker room is replaced by . . . the dingy, smelly varsity locker room. The work is still hard, the coaches tough, the hours long and the preparation year round--all for 20 Friday nights in a brief two year high school varsity career.

IB junior year means graduation from Pre-IB into the real deal IB Diploma Program. This hits home every year at Junior Pinning, where the 100 or so survivors of Pre-IB are recognized with thunderous applause in the historic auditorium and cookies on the St. Pete High veranda. It's a big day for parents, students and teachers alike--and everyone knows the



Will Musselman, Chris Chudik and Ty Lombard

toughest days and longest nights are ahead of them.

Football and IB seem an odd partnership, until you consider the common traits--like courage, perseverance and discipline--required to get through each one. Every year, a few young men prove that it's possible to be tough enough and smart enough to do both.

Girls' Golf

SPHS girls placed second in the Mustang Invitational, held on September 8 at Seminole Lake Country Club. At press time, they are undefeated in the Conference, and are looking to have a strong finish going into districts. The team members are Kayla Shelton, **Meredith Kiernan**, Ana Elise Cunneen, **Ally Zamitalo, Christine Wilbur,** and **Beverly Maddux.**



First Pep Rally of Fall 2016

ATHLETIC NEWS CONTINUED...

Swim Team News



Swim team has had a great season so far! They won 4A title for spirit at the Relay Meet early in the season. The girls' team won 2nd at the City Meet recently and the boys' team came in 3rd. At the time of publication, the team is training for districts in Sarasota.

The IB captains are Seniors **Rose McCoy** and **Owen Turtle** along with Kurt Hessler and Savana Shimer. We look forward to reporting the outcome of their season in the next issue!

Girls Volleyball

The Green Devils Girls Volleyball team has a lot to be proud of. Their fantastic season included winning the first Keswick Invitational Championship in the school's history and topping it off with a new school record for best start (8-1). The team ended the season celebrating the seven seniors. This celebration illustrated the team's strong sense of comradery. For more recap, including great photos and videos, check out the Green Devils Girls Volleyball Facebook page.



Back (L to R): Coach Maxwell, **Annabelle Feller** (IB Junior), **Minor Denson** (IB Senior), Jenna Smith, **Julia Gilby** (IB freshman), **Cristen Gunn** (IB Senior), Hailey Dolan, Coach Joe. Front (L to R): Brooke Dolan, Jessica Stroemich, Jillian Kilgroe, **Reneta Osenova** (IB Senior), **Jordan Hessinger** (IB Senior)

Dance Team News: The Devilettes



Devilettes shared their expertise during this year's Mini Clinic held in the gym at St. Pete High. Each of the Devilettes paired up with younger girls, "minis," to teach them a routine which they performed at the football game on September 23. On hand to provide support were veteran Devilettes **Holly Spayde**, **Megan Wilgus**, **Joy Michael**, **Angela Nguyen**, **Avery Berlin**, and **Emily Baker**. It's great to witness a wonderful example of maintaining the spirit of the Devilette tradition! Congrats also to 4 new members of the team: **Rylee Hickman**, **Chelsea Rosen**, Genesis Speller and Michela Hendry.

Varsity Cheerleaders Show Their Support

Varsity Cheerleaders made a banner to take to the away-game at Osceola High to honor an Osceola student (Elise) who passed away from cancer recently. The banner said "SPHS is Elise Strong." Elise's parents were at the game and were so moved that they asked to take a picture with the girls and their banner.



IB students on the squad are: Seniors **Kylie Begin**, **Emily Goodis**, **Rachel Harvard**, and **Caroline Stiles**, Juniors **Brooke Gephart**, **Kirby Hall**, **Sarah Rieth**, **Maya Thompson**, and **Delaney Toon**, and Sophomore **Allison Rothman**.

STUDENT NEWS

How's it Going, IB Freshmen?

We heard from three freshmen about their transition into the IB program.



“IB is tough but I’m getting through it,” comments Kevin Jairam. “The program is similar to what I expected. I knew the work was coming; I just didn’t expect it so soon. What surprised me is the connections students have with the teachers, like with ManageBac, which is very helpful!”

“Freshman year is great although there are a lot more tests to study for,” notes Maddie Siwinski. There is less homework than I expected because I get most of it done at school.” She added, “The amount of tests surprised me--there were a lot more than I expected.”



“I love the diversity and traditions at St. Pete High,” shares Caroline Weintraub. “Making new friends is interesting and fun. The pace of work is challenging...a lot more work than in my previous schools.”

Freshman Class Officers for 2016

(All IB students)

President: **Kate Nelson**

Vice President: **Mia McSheffrey**

Secretary: **Arielle Noah**

Treasurer: **Madison Ferguson**

Council People: **Nate Herrin, Abigail Hoyt, Camille Luong, Ellie Anderson, Filippo Bosco, Darshna Bhatt, Renata Happle, Meira Kowalski, Sheridan Zohler**

Homecoming Court 2016

Congratulations to the following IB Seniors who were selected to this year’s SPHS Homecoming Court (* denotes IB)

Olivia Babb*
Sophie Charlson*
Weyman Cohen*
Jared Craig
Tyler Crane*
Hannah Deson*
Minor Denson*
Nolan Gregory
Rachel Harvard*
Chloe Jackson*
Tricia Monte*
Sunny Mucha

Thomas Nelson*
Reneta Osenova*
Jared Peters*
Max Rothman*
Lillian Shirley*
David Silverberg
Jenna Smith
Tiffany Teska
Devin Upadhyay*
Jack Wang*
Max Whitacre
Weston Willingham*



Attention 8th Graders!

Current 8th grade students interested in attending SPHS-IB next year can apply on the website to shadow an IB student. Go to www.stpetehigh.com, choose the Programs tab at the top of the page, and then select the International Baccalaureate Program. When you are on the IB page, go to Admissions tab on the right side of the screen. You will find the application and all information, including dates of Magnet Fairs, in that location. Discovery Night is set for December 8th at 6pm in the auditorium. Thank you for your interest in the IB Program at St. Pete High!

STUDENT NEWS CONTINUED...

Senior Superlatives Class of 2016

During Homecoming week, the following students received Senior Superlative awards (* denotes IB students):

Mr. and Miss SPHS	Weyman Cohen* and Tricia Monte*
Most Spirited	Weston Willingham* and Rachel Harvard*
All American	Mikey Esposito and Minor Denson*
Most Athletic	Darius Banks and Jenna Smith
Most Memorable	Brian Fitzpatrick and Aubrey Belk*
Most Likely to Succeed	Cameron Hansen* and Romina Lilollari*
Most Talented	Joseph Pica and Kylie Begin*

Spanish Students at Studio 620

Spanish 6 students watched an exhibit on kites of the world at The Studio 620 on September 29. They learned about the giant kites of Guatemala used during the Day of the Dead.



ALUMNI NEWS

College Confidential from the Class of 2016

Recent IB graduates shared how their IB experience has helped them in college. **Gianna Tsemelis** at Florida State University wrote to Ms. Jamison, IB Psychology teacher, "I just wanted to inform you that I am taking general psych this semester and it is so simple for me. All of the material seems to be review. I don't know if it's easy for everyone, but thank you so much for preparing us so well." She added, "People should definitely know that the hard work is worth it."

Nora Flower shared, "I certainly underestimated how much IB would help me in college. I was bombarded throughout high school by adults telling me how much IB would prepare me for college, but I didn't truly understand until I began my college career at New



College. IB taught me incredibly valuable skills in studying, writing papers, and managing my time with a heavy workload. The classes are challenging here, but I have already developed the foundations for success through my experience in IB, and I am sure that I will continue to use these skills in college and beyond."

Lara McCallister at Boston University wrote, "I still see the positive lasting effects of IB in college life. IB not only provided me with an abundance of college credits (so much so that I might graduate a year early), but it also shaped my work ethic in my academic endeavors. Don't worry guys, I promise IB is worth it!"



Volunteers Count!

Please remember to log on to the Focus Volunteer system to reactivate your volunteer account for the new school year. Please also log any volunteer hours completed over the summer or so far this school year. ALL volunteer hours are very important to our school and need to be turned into the state for school credit. Thank you for your continued support!

Login at <https://focus.pcsb.org/volunteer>

Sign on to the Volunteer System using your v.account with Username (v. last name first initial – all lowercase). Example: v.smithd

Enter Password: Last Name (first letter capitalized) immediately followed by 4-digit birth year. Example: Smith1975. Then click Submit.

[Click on Here to enter Volunteer Hours \(top right\)](#)

ALUMNI NEWS CONTINUED...



Ashley Zhou '15 studies Neuroscience/Chemistry and Finance at Duke University. During the summer she spent 11 weeks in Beijing working at Dandelion Middle School with the DukeEngage program. As an English teacher, she typically spent 18-hour workdays with her students who were 7th-grade migrant children (ages 11-16). She wrote blog posts about the experience at <https://dukeengagebeijing.wordpress.com/>. She is active in many organizations, is president of the Public Health Brigades, and has leadership

positions in the American Medical Women's Association and the American Society for Microbiology. In a recent letter, she expressed gratitude to Ms. Ladd for providing her with a solid foundation for her current Statistics class.

David Lawhead, Director of Choral Activities at SPHS, shared the following updates with IB faculty about his three children, all IB alumni: "**Sarah, '06** [recently got married] in New York. She found a great guy from Florida who works in New York City. Her degree is in Music Education, and she decided against teaching (I had nothing to do with that). She works in finance in New York City. **Jenna, '09** is a pharmacist in Cleveland, Ohio. She works for Walgreens, loves the cold weather, and lives on Lake Erie. **Jesse, '13** is a senior at Cedarville University majoring in English (maybe another teacher in the family). He is doing a study abroad program at Oxford this semester. He will graduate this spring. Thanks for traveling this road with us. They always speak very highly of their SPHS experience."



Bobby Musselman '10 graduated from Florida State University in 2014 with a degree in Biology and is in his third year at LECOM School of Dental Medicine in Bradenton. He lives in Apollo Beach with his wife Jennifer. They were married in December 2015.

John Musselman, '12 graduated FSU in 2016 with a degree in Biochemistry and works in the lab at Miller Brewing Company in Milwaukee, WI. **Joey Musselman, '15** is a sophomore at FSU studying Computer Science. He has put his juggling skills honed at St. Pete High to work as a member of the FSU Flying High Circus. Dad Bob writes, "We Musselmans have 2 more in IB right now (**Will 2018** and **Mary 2020**) and Kate is in 6th grade--we hope to get six through IB!"



Tyler Weaver '12 graduated from The University of Florida in 2016 with a Bachelor's Degree in Health Sciences. She is currently attending The University of Florida Graduate School, pursuing her Master's Degree in Occupational Therapy.

Bradley Wallace '12 is working for Siemens Corporation just outside Chicago. Siemens will relocate him to a new location every six months for two years as part of a leadership development program. He graduated from the University of Florida with a degree in Mechanical Engineering in April 2016.



Bo Kennedy '10 attends medical school at St. George's University and is in the Iota Epsilon Alpha (IEA) International Honor Medical Society.

Charles Kennedy '13 is a senior at the University of Florida and will graduate early with his Bachelor's Degree in Finance this December.

He will finish his Master's Degree

in Real Estate at UF in the spring. Charles has been working simultaneously on both degrees since last fall. He has already been offered and accepted a full-time position beginning in June in Atlanta with Wells Fargo as a commercial real estate financial analyst.



Brett Buchert '14 is set to graduate from the University of Florida in May 2017 with her degree in Psychology. At UF Brett is a rower on the Florida Crew team and is Vice President of Administration presiding over a team 150

rowers. She has competed nationally against NCAA crews and won gold and silver medals at the state and regional levels, respectively. Brett has volunteered at the Humane Society, homeless shelters, and various farms. This semester Brett is interning at The Costello Center in St. Petersburg to learn more about the counseling profession. She has also taken up rock climbing and looks forward to backpacking and climbing trips after graduation.



Teachers, What Would YOU do as President?

The teachers below got presidential in answering our whimsical or serious question for this issue: **If you were President, what is one important action you would take, and why? Feel free to be unconventional.**

I would provide large incentives for people to take care of their health. This includes health coaches to help people start and follow through with positive lifestyle changes. People with the least motivation would get coaching frequently and people with more motivation would get a little less coaching. The goal is to increase the empowerment to create goals and follow through with them. People completing the coaching and following through with health goals would get significant reductions in health premiums.

My other goals apply to schools. I would require all schools to serve a portion of their food from local sources. The school curriculum would include agriculture so everyone grows up learning how to grow

food and this includes a chance to work on a school garden. Students who grow their own food are more likely to eat a healthier diet. Schools would teach meditation to all students starting in the 1st grade to increase attention and would create time into the schedule for it. No cell phones would be allowed on campus as the research shows the mere presence of them interferes with attention and learning. —Jennie Jamison

All sandwiches would by default would have mustard or a mustard based schmear. Mayo would always be an upcharge to discourage its usage. —Todd Maxwell

As President, I would ask citizens to wear name tags. Because when people know your name, there's a better chance they'll be nice.

—Ryan Halstead

Make Pi Day a National Holiday. Why? Because it is the most important holiday of the year(duh!) and everyone should make sure to take the day and eat lots of Pi because of course that prevents careless arithmetic errors the rest of the year. This is especially important for IB students who have IB exams in May. —Robin Ladd

Teaching “TechnoStressed” Students

In her recent essay “And Their Eyes Glazed Over,” Joelle Renstrom summarized research on students’ frequent engagement with their digital devices and described the profound impacts she sees on students in her classes at Boston University.

The terms “Fear of Missing Out” (FOMO) and “TechnoStressed” reflect the compulsion to check one’s device. Research studies, some of which have collected students’ self-reports, are documenting the costs of multi-tasking (e.g. texting or checking social media while in class or working). Renstrom sees deleterious effects on her students’ attention, focus, interest, engagement, time management, learning, and critical thinking.

Read the full essay at <https://aeon.co/essays/can-students-who-are-constantly-on-their-devices-actually-learn>.

Teachers’ Wish Lists

Our IB teachers spend their days educating our children with a great deal of preparation prior to each class. We can make their days easier and brighter by donating the below requested items. Please bring anything from this list to the IB office and it will be distributed!

- Kleenex
- Hand sanitizer
- Wipes
- Disinfectant spray
- Dry erase markers
- Whiteboard erasers
- Colored pencils
- Markers
- Pens
- Red pens
- Office supplies: paper clips, etc.

Homecoming: Generation Day with the “Seniors”



And The Band Goes Marching On

The Green Devil Marching Band and Visual Ensemble, under the direction of Cameron Vaadi, is 20% larger than last year. Rehearsals started in the summer and continue 2 to 4 days per week. The Band is busy this fall performing at pep rallies, football games, and adjudicated Saturday competitions leading to Florida Marching Band Finals in November.

Due to its successful 2015 season, the Green Devil Band was honored to be one of six high school marching bands chosen nationwide to perform at the 2016 Peach Bowl in Atlanta on New Year's Eve. The 4-day Peach Bowl trip will include music clinics, feedback from renowned judges, and a mass band performance by all 900 band members from across the country.

Band Leadership includes IB students **Patrick Tobin** (Band Captain), **Romina Lilollari** (co-Drum Major), **Cristina Abdo** (Front Ensemble), and **Clara Machado** (Woodwind Captain). Clara notes, "To me, being in Marching Band means being part of something bigger than just me. We're like a family, and it's really nice to be able to work together to create beautiful music and our show at the end of the year."

To learn more about the music and esprit de corps of the Marching Band, visit greendevilband.com.



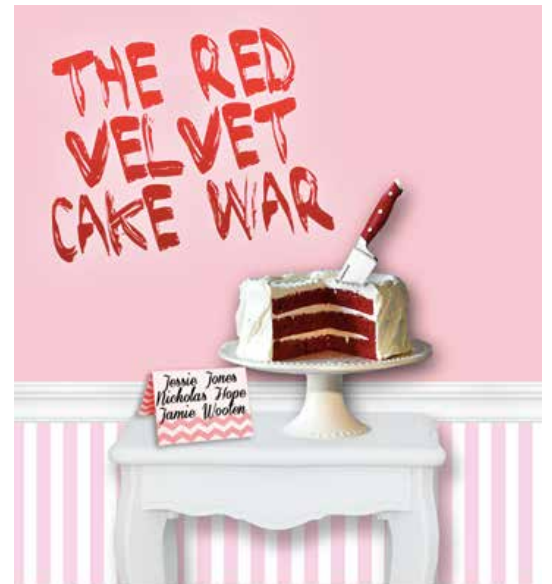
Theatre News

The SPHS Thespians are currently getting ready for their first show of the season, which runs November 9-11 at 7pm. *The Red Velvet Cake War* is billed as a southern-fried comedy, "Steel Magnolias times ten," as Theatre Department head, Ms. Grunz describes it. IB students in the cast are **Angela Lynch**, **Julia Linkogle**, **Dominika Dzurny**, and **David Eaton**. We hope everyone will come out to see it!

On November 29th, the District Individual Events Showcase will be presented at 7pm in the Auditorium. Also, a one-act Dress/Tech show will be presented on November 20th at 2pm. Districts take place December 1-3 off campus.

Auditions for *Goldfever* will take place December 6th and 7th from 2-4pm in the auditorium. Billed as a high-energy dance and lip synch contest, *Goldfever* is the annual fundraiser for the Theatre department and has been a great success for our school for over twenty years. All clubs and organizations on campus may participate with a SPHS faculty sponsor. *Goldfever* will be presented in January but tickets will sell out quickly so it's best to buy in advance at a discount.

All Thespian news can always be found on the Theatre website, www.stpetehightheatre.com



A Cappella News

Congratulations to our new Pitchforks for this school year. They are busy preparing for the holiday season where they will be performing throughout the community. Their first performance will be at the annual Christmas Tree Lighting at Vinoy Park on Friday, November 25 at around 5:00 pm. The following IB students comprise half of this talented group: Senior **Dea Jahovai**, Juniors **Natalie Cottrill**, **Sydney Jones**, and **Ally Schuenke**, and Sophomores **David Eaton**, **Kelley Harris**, **Connor Mikuta**, **Maddie Winter**, and **Seth Yeager**.



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