

Fun Fact

The first fruit eaten on the moon was a peach.



DAILY BREAKFAST CHOICES

Choose up to 2 Grain Choices such as cereal (=1), toast (=1), pancakes (=2), cinnamon Texas toast (=2) **OR** Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)

Must choose at least

1: Fruit or Juice

May Choose 1: Milk

Low Fat White Milk, Fat Free Flavored or Skim Milk

DAILY LUNCH CHOICES:

Choose 1: Entrée

Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal)

Available Daily:

Meatless Entrée, Entrée Salads, Cold Sandwiches, Variety of Fruits & Juices

May Choose: 1 Milk; Low Fat White Milk, Fat Free Chocolate Flavored or Skim Milk

[All menus are subject to change.](#)

We do our best to provide our customers with all of our planned options, however, occasionally crops, weather & supplies have other ideas!

APRIL

Pinellas 1 Lunch High School



Mon	Tue	Wed	Thu	Fri
<p>Visit nutrislice.com for Menu & Nutrition Information</p>		<p>April Shower's Bring May Flower's Spring Flowers</p>		<p>1 Ham & Cheese Croissant</p> <p>Choose One: Meatball Sub Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Seasoned Curly Fries Mixed Vegetables Carrots with Dip</p>
<p>4 Breakfast Sausage Bagel</p> <p>Choose One: Beef Dippers w/Rice & Roll Breaded Chicken Patty on a bun Daily Italian & Salad Entrée Choices</p> <p>Choose: Broccoli Corn Fresh Veggie Sticks</p>	<p>5 Cheese Omelet Pita</p> <p>Choose One: Pressed Cuban Sub BBQ Roasted Chicken/Rice & Corn Muffin</p> <p>Choose: Waffle Fries Seasoned Black Beans Romaine Side Salad</p>	<p>6 Maple Pancake Minis</p> <p>Choose One: Chicken Fajita with Tortillas Mini Calzones Daily Italian & Salad Entrée Choices</p> <p>Choose: Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers</p>	<p>7 Apple Cinnamon Texas Toast</p> <p>Choose One: Cheesy Mac & Beef with Breadstick Gillardri Cheese Breadstick</p> <p>Daily Italian & Salad Entrée Choices</p> <p>Choose: Spinach or Collard Greens Deli Roasted Potatoes Mixed or Tossed Side Salad</p>	<p>8 Chicken Breakfast Bites</p> <p>Choose One: Sweet Thai Chili Chicken over Rice with Roll Fish Filet Sandwich Salad Entrée Choices</p> <p>Choose: Tator Tots Stir-Fry Vegetables Carrots with Dip</p>
<p>11 Pancake Pup</p> <p>Choose One: Firecracker Chicken w/Rice & Roll Cheeseburger Daily Italian & Salad Entrée Choices</p> <p>Choose: Baked Beans Oven Fries Fresh Veggie Sticks</p>	<p>12 Bacon, Egg & Cheese Pizza</p> <p>Choose One: Chicken Souvlaki On Flatbread Max Stuffed Pepperoni Pizza Daily Italian & Salad Entrée Choices</p> <p>Choose: Broccoli Sliced Carrots Romaine Side Salad</p>	<p>13 Glazed WG Dunker</p> <p>Choose One: Cheese Lasagna Roll Up w/ Breadstick</p> <p>Daily Hot & Cold Sandwich Choices</p> <p>Choose: Green Beans Mashed Potato & Gravy</p>	<p>14 Chicken Biscuit</p> <p>Choose One: Beef or Pork Tacos Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Refried Fiesta Beans Corn Mixed or Tossed Side Salad</p>	<p>15 Sausage Gravy Breakfast Toast</p> <p>Choose One: Cornmeal Fish Strips w/ Hushpuppies BBQ Pork on Bun Daily Italian & Salad Entrée Choices</p> <p>Choose: Spinach or Collard Greens Tomato Soup Carrots with Dip</p>
<p>18 Blueberry Bash Mini Waffles</p> <p>Choose One: General Tso's Chicken w/Rice & Roll Rib B Que Sandwich Daily Italian & Salad Entrée Choices</p> <p>Choose: Corn Stir Fry Vegetables Fresh Veggie Sticks</p>	<p>19 Sausage Biscuit</p> <p>Choose One: Chicken & Broccoli Penne Alfredo with Breadstick Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Carrots • Green Beans Romaine Side Salad</p>	<p>20 Egg & Cheese Breakfast Sandwich</p> <p>Choose One: Chicken Nuggets with Roll Bacon Cheeseburger Daily Italian & Salad Entrée Choices</p> <p>Choose: Baked Beans Sweet Potatoes Sliced Cucumbers</p>	<p>21 Cinnamon Roll</p> <p>Choose One: Pork Carnitas Bowl w/Flatbread</p> <p>Daily Italian & Salad Entrée Choices</p> <p>Choose: Seasoned Black Beans Broccoli Mixed or Tossed Side Salad</p>	<p>22 Ham & Cheese Croissant</p> <p>Choose One: Meatball Sub Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Seasoned Curly Fries Mixed Vegetables Carrots with Dip</p>
<p>25 Breakfast Sausage Bagel</p> <p>Choose One: Beef Dippers w/Rice & Roll Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Broccoli Corn Fresh Veggie Sticks</p>	<p>26 Cheese Omelet Pita</p> <p>Choose One: Pressed Cuban Sub BBQ Chicken Drumsticks/Rice & Biscuit Daily Italian & Salad Entrée Choices</p> <p>Choose: Waffle Fries Seasoned Black Beans Romaine Side Salad</p>	<p>27 Maple Pancake Minis</p> <p>Choose One: Chicken Fajita with Tortillas Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers</p>	<p>28 Apple Cinnamon Texas Toast</p> <p>Choose One: Cheesy Mac & Beef with Breadstick Or Beef Ravioli with 2 Breadsticks Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Spinach or Collard Greens Deli Roasted Potatoes Mixed or Tossed Side Salad</p>	<p>29 Chicken Breakfast Bites</p> <p>Choose One: Sweet Thai Chili Chicken over Rice with Roll Daily Hot & Cold Sandwich Choices Daily Italian & Salad Entrée Choices</p> <p>Choose: Tator Tots Stir-Fry Vegetables Carrots with Dip</p>

In accordance with Federal Law and

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